

## Lone Working Contact Log

To be completed by the person not at risk

<b>Date</b>	
<b>Operator name</b>	
<b>Site address</b>	
<b>Description of working location</b>	
<b>What3words or grid reference</b>	
<b>Landowner contact details</b>	
<b>Nearest mobile phone signal location</b>	
<b>Emergency services meeting point</b>	
<b>Nearest accident and emergency hospital</b>	
<b>Scope of work</b>	
<b>Operator completed SSRA?</b>	
<b>Agreed intervals of regular contact</b>	
<b>Agreed action if operator not contactable at defined time</b>	

Set an alarm 

<b>Next contact time</b>	<b>Operator activities to next contact</b>	<b>Signed</b>
